

BE A HERO  
SAVE A CHILD



5K

CHRISTALIS

VIRTUAL

SUPERHERO

RUN/WALK

SEPT 27<sup>TH</sup> 2020

JOIN OUR 5K ALL AROUND THE COUNTRY  
YOU CAN BE A SUPERHERO NO MATTER WHERE YOU LIVE

•T-Shirt •Goody-bag •Prize Opportunities

\$35 REGISTRATION WITH MEDAL

\$30 REGISTRATION

\$5 KIDDIE RUN

8:00AM LIVE STREAM BEGINS

EASTERN STANDARD TIME

11:59PM RUN-TIME SUBMISSION  
DEADLINE

- Send a photo of your run-time and/or costume to [5k@christalis.org](mailto:5k@christalis.org) or on social media [@christalisinc](https://www.instagram.com/christalisinc) to qualify for prize opportunities!
- For up-to-date info on activities & prize categories visit our website at [christalis.org/5k-run-walk](https://www.christalis.org/5k-run-walk).
- All proceeds go directly to help our children in Uganda. To learn more about our cause, visit our website.

To register, visit  
[christalis.org/5k-run-walk](https://www.christalis.org/5k-run-walk)

